

Choose Love - Month of September

District Wide SEL Theme - Friendship

Grade	Element	Lesson	Lesson Link
K	Courage	Lesson 1 - Choosing Love	Lesson Link
1	Courage	Lesson 10- Positive Relationships and Friendship Skills (SWBAT define positive relationships, list friendship skills, understand that friends might have different thoughts, feelings and wants, define and practice cooperation)	Lesson Link
2	Courage	Lesson 2 - Choosing Love with Words and Actions	Lesson Link
3	Compassion	Lesson 2 - Compassion for Self and Others	Lesson Link
4	Courage	Use components from Lesson 1: The Four Ingredients of Choose Love 1. Introduce Focused Awareness activity. 2. Show Welcome from Scarlett video. 3. Read/show video Buckets, Dippers, and Lids by Carol McCloud. 4. Discuss book/video and how it applies to the Choose Love formula. 5. Have students take the Choose Love Pledge. 6. Have students sign the Choose Love contract.	Lesson Link
5	Courage	Courage, Lesson 1: The 4 Ingredients of Choose Love	Lesson Link
6	Courage	Courage, Lesson 1: Exploring Courage	Lesson Link
7	Forgiveness	Forgiveness Unit: Extension Lesson 13 Social Media Smarts	Lesson Link
8	Gratitude and Forgiveness	Unit 2: Lesson 6 (Celebrating Gratitude) and Unit 3: Combination of Lessons 4,5,15	Lesson Link

