

#### Workshop Goals

- Review Modules 1 & 2
  - Parents: The Critical Link
  - Study Skills, part 1
    - Learning Styles
    - Concentration
    - Home Environment
- Study Skills (C.O.L.T.)
  - Concentration (in part 1)
  - Listening (in part 2)
  - Time Management (in part 2)





## Parents – the Critical Link

#### Be a Motivator

0

connect with your child
use praise and compliments
share and display your child's schoolwork and successes
send them letters of love

#### LEARNING STYLES

Visual Learners

 Learning by Seeing

 Auditory Learners

 Learning by Hearing

 Kinesthetic Learners

 Learning by Doing





## **Steps to Become a Learning Architect**

- 1. Develop a <u>Special Study Area</u> (SSA).
- 2. Stress the importance of the SSA.
- 3. Neutralize the enemies of learning.
- 4. Equip the SSA with study supplies.
- 5. Label drawers, shelves, and cabinets.
- 6. Provide a system for organizing

COLT



#### • <u>COncentration</u>

• Listening

• <u>T</u>ime-Management

## WHAT IS LISTENIN C?

Paying attention; noting carefully



#### The Listening Game

• In teams of two talk to each other about what you did today for 60 seconds.

• Share



# Keys to Effective Listening Stop: reading, watching TV, working

- · Look at the person; don't turn away
- Sit-up straight
- Nod your head; affirm speaker
- If you don't understand ask!
- Repeat back phrases
- · Act like you are interested; ask questions

interrupt the speaker



# 5 Parent Rules for Listening



**1.Talk with** your child about the importance of listening in school. **2.Find out what** 

3. Give a listening test to your child. 4. Teach your child the "listening pose." 5. Tell your child to ask the teacher to-repeat

#### **5 Parent Rules for Listening**



## Listening Enhancement

- Play music to children—soft, melodic sounds.
- Take turns talking.
- Set a good example.
- Monitor child's responses to specific directions.
- Ask child to repeat or rephrase directions.

Request newspaper, TV, and radio summaries.

#### **Bloom's Taxonomy for Thinking**



#### WHAT IS TIME MANAGEMENT

#### Making the best use of one's time



#### Have-to's vs. Want-to's

#### Have to:

- Family responsibilities
- School and homework
  - Sleep
- Eating and personal hygiene
   Want to:
  - Activities
    Chill time

#### Time Budget

Sleep	8 hours	Activity	2 hours
Shower & Dress	0.5 hours	Chores	0.5 hours
Breakfast	0.5 hours	Homework	2 hours
School Bus	0.5 hours	Dinner	0.5 hours
School	7 hours	Technology Time	1 hour
Bus Home	0.5 hours	Reading / Personal	1 hour



**Total Time: 24 hours** 

#### **Daily Schedule**

#### DAILY SCHEDULE

EACH BLOCK REPRESENTS ONE HALF HOUR

| TIME |
|------|------|------|------|------|------|------|------|
|      |      |      |      |      |      |      |      |
| TIME |
|      |      |      |      |      |      |      |      |
| TIME |
|      |      |      |      |      |      |      |      |
| TIME |
|      |      |      |      |      |      |      |      |
|      |      |      |      |      |      |      |      |



http://pbskids.org/itsmylife

#### Sample Daily Schedule

SAMPLE DAILY SCHEDULE (EACH BLOCK REPRESENTS ONE HALF HOUR) HOME/CHORES, TRAVEL, SCHOOL, SPORTS/ACTIVITIES, HOMEWORK, FREE TIME

<b>TIME</b> 6:00	<b>TIME</b> 6:30	<b>TIME</b> 7:00	TIME 7:30	TIME 8:00	TIME 8:30	TIME 9:00	TIME 9:30
Wake up, Shower, Dress	<b>Brea</b> kfast	Bus to School	School				
TIME 10:00	TIME 10:30	TIME 11:00	TIME 11:30	TIME 12:00	TIME 12:30 School Play Auditions	School	<b>TIME</b> 1:30
TIME 2:00	TIME 2:30 Bus from School	TIME 3:00 Homework	<b>TIME</b> 3:30	<b>TIME</b> 4:00	<b>TIME</b> 4:30	TIME 5:00 Soccer Game at Park Street Field (Kim's Mom drives)	<b>TIME</b> 5:30
<b>TIME</b> 6:00	<b>TIME</b> 6:30	TIME 7:00 Set Table, Dinner	TIME 7:30 Dinner, Take out Garbage	TIME 8:00 Free Time	<b>TIME</b> 8:30	<b>TIME</b> 9:00	TIME 9:30 Read Before Bed



http://pbskids.org/itsmylife

#### **Pie-shaped Daily Schedule**







http://pbskids.org/itsmylife

#### Time Management: Schoolwork

- 1. Write everything down
- 2. Stay organized
- 3. Avoid distractions
- 4. Set homework time
- 5. Create regular quiet space
- 6. Get your family involved
- 7. Don't underestimate assignments
- 8. Break up big assignments into

#### 5 Steps to Effective Time Management

- 1. Help your child learn the importance of time.
- 2. Discuss the benefits of organizing time.
- 3. Allow your child to do small chores at home according to a time schedule.

Five your child family experience anning use of time.

## Remind your child to study one thing at a time!



#### PASSport to Success - Topics -

- Parents: The Critical Link
- The Home Environment
- Study Skills
  - Concentration
  - Listening
  - Time Management
- Homework & Learning Expediters
- Note-Taking Skills
- Preparation for Tests
- Memory & Thinking Skills
- Reading Skills

